



SuicidePrevention
at
NAMI Maine

Suicide Prevention Training for Medical Practices, Hospitals, and Healthcare Meetings

Winter/Spring 2025

*Presented by Mary Gagnon, LMFT
Director of Suicide Prevention*

Suicide Prevention and Management in Healthcare Practice Settings: A Comprehensive, Evidence-based Approach

This 1-hour presentation (in-person or virtual) will provide updated information on trends in suicidal behavior across the lifespan and an overview of the best-practice approach to suicide identification, assessment, and management of suicide within a practice or hospital setting. Tools for practice will be offered to address assessment, Collaborative Safety Planning, and coordinated follow-up. This presentation is appropriate to any professional working in a medical, clinical, or behavioral health role: medical providers, nurses, social workers and ancillary clinicians, and support staff.

Suicide Prevention Lunch and Learn for Healthcare Settings

The Suicide Prevention Lunch and Learn is an educational session delivered onsite addressing suicide prevention and management issues in a healthcare practice setting. It follows the national best-practice model Zero Suicide initiative. The session is typically 90 minutes for non-clinical staff or 90-120 minutes for clinical staff and includes elements of assessment and safety planning as well as discussion of how the elements are best carried out in a practice. These sessions are designed to be offered over a lunch period or at the beginning or end of the workday.

**For more information and to schedule a session,
contact Julianne McLaughlin, Manager of Suicide Prevention
mspp@namimaine.org 800.464.5767 x2318 CME Credits provided.**



NAMI Maine

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Established in 1998, the Maine Suicide Prevention Program (MSPP) is coordinated by the Injury Prevention Program at the Maine Center for Disease Control and Prevention. The training and technical assistance aspects of the program are implemented by NAMI Maine and, for healthcare professionals, in partnership with the Maine Medical Association.



**Maine Medical
Association**